

# SIZING

This size chart serves as a guide only.

Exact sizes may vary depending on individual body structure.

ASSOS apparel is cut anatomically without restricting movement in the riding position.

Bibs might pull when standing upright - this is normal.



**MAN**  
Shorts



**MAN**  
Jersey, Jacket, Body Insulator,  
Vest, Shell



**LADY**  
Shorts



**LADY**  
Jersey, Jacket, Body Insulator,  
Vest, Shell

Size	Height	Chest Size	Hip	Chest Size
<b>XS</b>	150 - 159 cm	90 cm	86 cm	80 cm
<b>S</b>	160 - 169 cm	96 cm	90 cm	85 cm
<b>M</b>	170 - 179 cm	100 cm	100 cm	90 cm
<b>L</b>	180 - 185 cm	102 cm	102 cm	96 cm
<b>XL</b>	186 - 190 cm	110 cm	110 cm	102 cm
<b>XLG</b>	191 - 195 + cm	116 cm		
<b>TIR</b>	= XLG but wider	118 + cm		



**UNISEX**  
Gloves



**UNISEX**  
Socks



**UNISEX**  
Overshoes



**UNISEX**  
fuguHelm



**UNISEX**  
roboFoil

Size	Hand Circumference			Head Circumference	Head Circumference
<b>XS</b>	18 cm	<b>0</b>	35 - 38	48-53 cm	48-53 cm
<b>S</b>	20 cm	<b>I</b>	38 - 42	- 39	53-58 cm
<b>M</b>	22 cm	<b>II</b>	43 - 46	- 43	58-63 cm
<b>L</b>	23 cm	<b>III</b>		- 45	
<b>XL</b>	24 cm	<b>IV</b>		45 +	